Physician Productivity in Specialty Care

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PREFACE

The VA Evidence Synthesis Program (ESP) was established in 2007 to conduct timely, rigorous, and independent systematic reviews to support VA clinicians, program leadership, and policymakers improve the health of Veterans. ESP reviews have been used to develop evidence-informed clinical policies, practice guidelines, and performance measures; to guide implementation of programs and services that improve Veterans' health and wellbeing; and to set the direction of research to close important evidence gaps. Four ESP Centers are located across the US. Centers are led by recognized experts in evidence synthesis, often with roles as practicing VA clinicians. The Coordinating Center, located in Portland, Oregon, manages program operations, ensures methodological consistency and quality of products, engages with stakeholders, and addresses urgent evidence synthesis needs.

Nominations of review topics are solicited several times each year and submitted via the <u>ESP website</u>. Topics are selected based on the availability of relevant evidence and the likelihood that a review on the topic would be feasible and have broad utility across the VA system. If selected, topics are refined with input from Operational Partners (below), ESP staff, and additional subject matter experts. Draft ESP reviews undergo external peer review to ensure they are methodologically sound, unbiased, and include all important evidence on the topic. Peer reviewers must disclose any relevant financial or non-financial conflicts of interest. In seeking broad expertise and perspectives during review development, conflicting viewpoints are common and often result in productive scientific discourse that improves the relevance and rigor of the review. The ESP works to balance divergent views and to manage or mitigate potential conflicts of interest.

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Operational Partners

Operational partners are system-level stakeholders who help ensure relevance of the review topic to the VA, contribute to the development of and approve final project scope and timeframe for completion, provide feedback on the draft report, and provide consultation on strategies for dissemination of the report to the field and relevant groups.

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DISCLOSURES

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The findings and conclusions in this document are those of the author(s) who are responsible for its contents and do not necessarily represent the views of the Department of Veterans Affairs or the United States government. Therefore, no statement in this article should be construed as an official position of the Department of Veterans Affairs. The final research questions, methodology, and/or conclusions may not necessarily represent the views of contributing operational and content experts. No investigators have affiliations or financial involvement (eg, employment, consultancies, honoraria, stock ownership or options, expert testimony, grants or patents received or pending, or royalties) that conflict with material presented in the report.

Executive Summary

Evidence Synthesis Program

KEY FINDINGS

- ► Few studies have evaluated alternatives to volume-based physician productivity measures for outpatient medicine specialties.
- Two observational studies of cardiology practices proposed modifications to work input measures but still used volume-based measures for work output. A third observational study developed a promising a new productivity model using VHA primary care data that integrates clinic-level inputs with important patient outcomes including quality, access, and patient experience as outputs.
- As a learning health care system that is not dependent on wRVUs for payment, VHA is ideally positioned to develop and test innovative models to measure physician productivity. Two of the 3 studies identified were conducted within VHA, suggesting that VHA already has the data and expertise to advance this field.

Productivity is a term used across many industries, including health care, to describe the ratio of work outputs to work inputs. While physician productivity lacks a standard measurement, most US health care systems including the Veterans Health Administration (VHA) currently use work relative value units (wRVUs) as a surrogate measure to approximate physician work output given the lack of another standard measure. Originally developed for Medicare payments, wRVUs have been widely adopted as a billing tool by state Medicaid programs and commercial payers. Many health care systems use data based on wRVUs, such as total annual wRVUs, to set physician productivity standards (or benchmarks), design physician payment and incentive plans, and assess staffing needs.

However, despite widespread use, physicians across multiple specialties have expressed concerns about the mismatch between wRVU data and actual physician work, which involves many clinical activities that take place outside of a billable patient visit, and the chronic undervaluation of nonprocedural clinical services. Productivity metrics based on wRVUs also reward health care volume, rather than value, and do not incorporate patient-important outcomes.

CURRENT REVIEW

The purpose of this report was to review the available evidence on physician productivity measures. This report was requested by the Specialty Care Services and Chiefs of Medicine Field Advisory Board and therefore focused on medical specialty physicians delivering care in the outpatient setting. Given an interest in understanding the size, range, and characteristics of available evidence, we conducted a scoping review, which is a type of systematic review that identifies main themes across a body of literature.

Our search of the selected databases from inception through December 2024 identified 174 potentially relevant articles after deduplication and title and abstract screening. Of these, 3 observational studies met eligibility criteria. Two studies of cardiology clinics evaluated ways to modify measures for work input while continuing to use a volume-based measure (patient visits) for work output. One study adjusted their work input measure to account for shared practice resources, while the other used an alternative measure for clinical time instead of FTE. Both studies found that modifying their measures for work input resulted in a more accurate and fair calculation for individual physician productivity.

The most robust new model of physician productivity reconceptualized what information should be used to calculate both work outputs and work inputs. A strength of this model, which was based on VHA data and informed by an evidence review and stakeholder panel input, is that it ties clinic-level productivity to patient outcomes. In this way, the model offers a distinct departure from wRVU or volume-based productivity measures and would seem to be a better fit with the overall VHA approach to care which prioritizes patient-centeredness, quality, access, and cost containment. While designed for primary care clinics and not yet tested in practice, the model could be modified for specialty medicine clinics and other types of outpatient practice settings.

An overview of included studies is presented in the table below.

| Study | N | Study Aim | Work Output Measure | Work Input Measure |
|----------------|--|---|---|---|
| Butala 2019 | 56 cardiologists | Develop a method to measure individual physician outpatient clinical productivity accounting for shared practice resources | Completed patient visits per half-day per week | Individual effort adjusted for shared resources |
| Saeed 2024 | 654 cardiology or orthopedics providers in 32 VHA clinics | Propose a new work input measure ("clinical time") to replace FTE in productivity calculations | Patients per effective clinic day ^a | Clinical time ^b |
| Tran 2024 | 703 VHA primary care clinics | Develop and test a multi- dimensional measure of primary care clinic productivity | Quality, access, patient experience, number of patients served | Interprofessional clinical time |

ES Table. Overview of Included Studies

Notes. ^aDefined as "clinical time" in days; ^bDefined as "the amount of time between the start of the first appointment of the day and the estimated end time of the last appointment of the day for each provider." *Abbreviations*. FTE=full time equivalency; VHA=Veterans Health Administration.

CONCLUSIONS

As a learning health care system, VHA is uniquely positioned to develop and test innovative models to measure physician productivity that are aligned with the goal of delivering high-value care. Although few in number, existing studies have demonstrated that productivity measures can be updated to better align with contemporary physician practice. Two of the 3 studies we identified were conducted within VHA, suggesting that VHA already has the data and expertise to advance this field.

Main Report

Evidence Synthesis Program

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ABBREVIATIONS TABLE

| Abbreviation | Definition | |
|--------------|--|--|
| AMA | American Medical Association | |
| CMS | Centers for Medicare and Medicaid Services | |
| CPT | Current procedural terminology | |
| DEA | Data envelopment analysis | |
| FTE | Full-time equivalent | |
| GEE | Generalized estimating equivalents | |
| MGMA | Medical Group Management Association | |
| OLS | Ordinary least squares | |
| OPES | Office of Productivity, Efficiency, and Staffing | |
| RUC | Relative Value Scale Update Committee | |
| SHEP | Survey of Healthcare Experience of Patients | |
| VA | Veterans Affairs | |
| VHA | Veterans Health Administration | |
| VISN | Veterans Integrated Service Network | |
| RVU | Relative value unit | |
| RBRVS | Resource-based relative value scale | |
| wRVU | Work relative value unit | |

BACKGROUND

Productivity is a term used in the health care context to refer to the work output from physicians and other clinical staff relative to the time and other resources available to complete that work. How to measure physician productivity accurately and fairly has been a perennial topic of debate. In the current era, most US health systems use work relative value units (wRVUs) as a surrogate measure to approximate physician work output given the lack of another standard measure. Representing 1 component of the 3-component resource-based relative value scale (RBRVS), which also accounts for practice expenses and malpractice insurance costs, wRVUs assign a numerical value to physician work output according to current procedural terminology (CPT) codes applied to a patient visit or procedure.¹ Although wRVUs were first used in 1992 by the Health Care Financing Administration (now the Centers for Medicare & Medicaid Services [CMS]) for the purposes of standardizing a Medicare fee schedule, the wRVU system of valuing clinical services has been widely adopted by state Medicaid programs and commercial payers.² Therefore, across the range of clinical services provided in the US, most are coded according to CPT and assigned value via wRVUs, making wRVUs a readily available source of information to estimate physician work output. Many health care systems use metrics based on wRVUs, such as total annual wRVUs, to set physician productivity standards (or benchmarks), design physician payment and incentive plans, and allocate resources across clinical services. Use of electronic health records (EHRs) also facilitates use of wRVU data, given that CPT codes are typically part of clinical encounter documentation.

However, despite the widespread use of wRVU-based metrics in health care management decisions, physicians across multiple specialties have expressed concerns about how clinical services are valued in the RBRVS system, the implications of valuing (and therefore charging higher prices for) certain services more than others, and the downstream implications of using wRVUs as a stand-alone measure to assess physician work output.^{3,4}

The American Medical Association (AMA) maintains CPT codes, which became the national coding standard for physician and other health care professional services and procedures under the Health Insurance Portability and Accountability Act (HIPAA) in 2020.⁵ The AMA also makes annual recommendations to CMS on fee schedule changes based on input from a Relative Value Scale Update Committee (RUC) that meets throughout the year but conducts its deliberations privately (*ie*, outside of public view).⁶ According to the AMA, CMS typically accepts more than 90% of the RUC's recommendations.⁶ A long-standing critique of this arrangement, by which CMS seems to have largely outsourced decision-making regarding Medicare fee schedules to the AMA, is that higher-cost, resource-intensive clinical services, such as procedures, are preferentially valued over evaluation and management services, the so-called "cognitive services" in which the resource being used is the physician's time and clinical judgement.^{1,7–9} In addition to primary care, internal medicine subspecialties with an outpatient focus including rheumatology, endocrinology, infectious diseases, and pulmonary care are impacted by this chronic undervaluation.⁹

The initial framework of the RBRVS was designed to be applied to procedural services; cognitive services were incorporated later in the process.¹⁰ Part of this legacy is that a small number of CPT codes exist for evaluation and management services compared to an expansive list of CPT codes for procedural-based services. Physicians providing evaluation and management services have limited choice of CPT codes to assign to an increasingly broad spectrum of outpatient service complexity, which disadvantages physicians in cognitive specialties and contributes to the undervaluation of their clinical services. While many procedures and diagnostic tests have become more efficient and less

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time intensive over time due to technology improvements, outpatient medicine has become more complex and more time intensive as the population ages and has a higher burden of chronic diseases.¹¹ Yet CPT codes and associated wRVUs have not evolved along with these trends. Moreover, CPT codes do not capture work that is completed outside of a patient encounter, such as reviewing records, refilling medications, communicating lab and imaging results, responding to patient messages, coordinating care across services, and managing population health.¹² The time required to complete these non-billable "asynchronous" clinical work activities has been trending up over time and sharply increased with the onset of the COVID-19 pandemic and a shift away from face-to-face patient care.^{13,14} These asynchronous clinical work activities are a core component of outpatient medical care but are often "not observable or not observed" and therefore not captured in wRVU-based metrics, even though these activities improve care quality and reduce costs.¹⁵

Although VHA operates as a capitated health care system based on the distribution of Congressionally appropriated funds across Veterans Integrated Service Networks (VISNs) and therefore does not depend on wRVUs as a primary means of payment (although it does bill third-party payers for some health care services), wRVUs are still used by VHA decision-makers as a surrogate measure for physician work output. According to VHA Directive 1065,¹⁶ specialty group practice productivity is defined as clinical work completed (the group's total wRVUs) divided by the time available to do that work (the group's total clinical time, full-time equivalent [FTE]). The range of acceptable productivity falls within the interquartile range (25th to 75th percentile) of the comparator. In past years, specialty group practice productivity has been compared to historical VHA performance, but as of fiscal year 2026 (FY26) the VHA will be primarily using Medical Group Management Association (MGMA) academic median benchmarks to determine productivity standards.¹⁷ The Office of Productivity, Efficiency & Staffing (OPES) "assists VHA leadership in developing effective management tools, systems, and studies to optimize clinical productivity and efficiency so that informed staffing decisions are made."¹⁸ Underperforming groups identified with OPES management tools may be referred to the VISN Director for review and development of performance improvement plans.

Although VHA's reasons for using wRVU-based metrics primarily relate to staffing rather than billing, the same concerns about using wRVUs as a surrogate for physician work output in non-VA health care settings apply to the VHA context. The purpose of this report is to review the available evidence on physician productivity measures to identify potential alternatives to wRVU-based metrics. This report was requested by the Specialty Care Services and Chiefs of Medicine Field Advisory Board and therefore focuses on medical specialty physicians delivering care in the outpatient setting. Given an interest in understanding the size, range, and characteristics of available evidence, we opted to conduct a scoping review, which is a type of systematic review that identifies main themes across a body of literature.¹⁹ The findings of this report may inform VHA activities related to measuring physician productivity.

METHODS

REGISTRATION AND REVIEW

A preregistered protocol for this review can be found on the PROSPERO international prospective register of systematic reviews (<u>CRD42024622073</u>). A draft version of this report was reviewed by external peer reviewers; their comments and author responses are in the <u>Appendix</u>.

KEY QUESTIONS AND ELIGIBILITY CRITERIA

The following key question was the focus of this review:

• *Key Question 1 (KQ1)*: What measures and models have been evaluated to assess medical specialty physician productivity in ambulatory settings (including time and effort spent in indirect clinical activities such as population health management and care coordination)?

Study eligibility criteria are shown in the table below.

| Domain | Eligibility Criteria |
|--------------|--|
| Population | Physicians, prioritizing medicine specialty physicians but including studies of primary care physicians if studies otherwise meet eligibility criteria |
| Intervention | Physician clinical productivity measures or models implemented or tested with real-world data |
| Comparator | Any |
| Outcomes | Productivity outcomes, health care quality outcomes, patient-reported outcomes, cost, care coordination outcomes, or unintended consequences |
| Setting | Ambulatory care, including care delivered via telehealth |
| Study Design | Any, but may prioritize studies to fit timeline based on a best-evidence approach |
| | |

For the purposes of this report, we used the following definitions for key terms based our reading of background literature.

| Term | Definition Used in this Report | |
|--------------|--|--|
| Productivity | Work output divided by time and/or other resources to complete that work | |
| Workload | Total quantity and/or type of work tasks that must be completed in a given timeframe | |
| Efficiency | Work output divided by the cost (ie, time or effort) of completing that work | |
| Value | Quality divided by cost (<i>ie,</i> time or effort) | |

SEARCHING AND SCREENING

To identify articles relevant to the key question, a research librarian searched MEDLINE (Ovid), Cochrane, and Scopus databases from inception through December 2024 using terms for *productivity* and *workload* (see <u>Appendix</u> for complete search strategies). Additional citations were identified from hand-searching reference lists and consultation with content experts. English-language titles, abstracts, and full-text articles were independently screened by 2 reviewers, and disagreements were resolved by consensus.

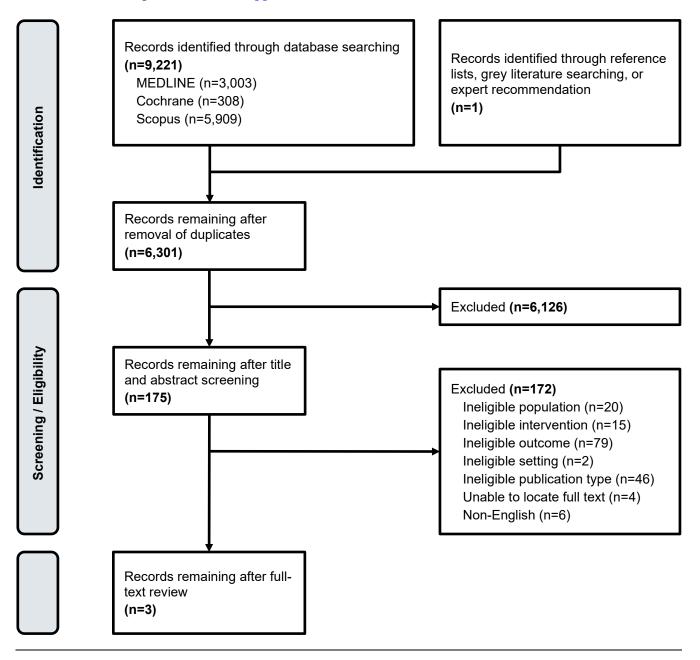
DATA ABSTRACTION AND SYNTHESIS

One reviewer abstracted population, intervention, comparator characteristics, and outcome information from all included studies. Data were checked by another reviewer and disagreements were resolved by consensus. We present themes across the available evidence but did not formally assess risk of bias of individual studies or assess the strength of the body of evidence for a given outcome. This approach is consistent with scoping review methods.¹⁹

RESULTS

LITERATURE FLOW DIAGRAM

The literature flow diagram summarizes the results of the study selection process. A full list of excluded studies is provided in the <u>Appendix</u>.



OVERVIEW OF INCLUDED STUDIES

Our search identified 174 potentially relevant articles after deduplication and title and abstract screening. Of these, 3 observational studies^{20–22} met eligibility criteria. All 3 were conducted in the US and 2 were conducted in VHA settings. Two studies evaluated productivity measures for specialty physicians and 1 developed a productivity model for primary care. Study characteristics are presented in Table 1.

| Table 1. | Characteristics | of Included | Studies |
|----------|------------------------|-------------|---------|
|----------|------------------------|-------------|---------|

| Study | Ν | Setting | Study Aim | Data Source | Statistical Method(s) |
|----------------|-----------------------------------|---|---|---|--|
| Butala 2019 | 56 cardiologists | Cardiology practice at an academic medical center | Develop a method to measure individual physician outpatient clinical productivity accounting for shared practice resources | Administrative scheduling and hospital data and conversations with practice staff | Compared sequential mixed effects models to GEE and DEA models |
| Saeed 2024 | 654 providers in 32 clinics | VHA cardiology and orthopedics clinics | Propose a new work input measure ("clinical time") to replace FTE in productivity calculations | VA Corporate Data Warehouse | Used OLS regression models to validate measures using wait time as an outcome |
| Tran 2024 | 703 clinics | VHA community- based outpatient (primary care) clinics | Develop and test a multi-dimensional measure of primary care clinic productivity | Healthcare Effectiveness Data and Information Set, VHA Survey of Healthcare Experience of Patients, and VA Corporate Data Warehouse | Used DEA to calculate efficiency scores measuring the degree to which clinics maximized primary care outputs given available FTE |

Abbreviations. DEA=data envelopment analysis; FTE=full time equivalency; GEE=generalized estimating equations; OLS=ordinary least squares; VHA=Veterans Health Administration.

Two studies^{20,21} of specialty clinics evaluated methods to calculate individual physician productivity by adjusting the measure for work inputs (the denominator in the "output/input = productivity" equation), and 1 study²² of primary care clinics introduced a new model to evaluate clinic-level productivity with novel measures for both work outputs and inputs.

One of the specialty clinic studies, an observational study²⁰ based on 2015-2016 data from 56 cardiologists at an academic medical center, used a mixed-effects model to calculate individual physician productivity after adjusting for the effect of shared practice resources (such as exam rooms) and team-based care (nurse practitioner, fellow, and secretarial FTEs). Rather than wRVUs, the study used completed patient visits per half-day per week as the work output measure (the numerator in the "output/input = productivity" equation). By sequentially evaluating 3 mixed-effects models, authors found that adjusting for shared practice resources reduced variation among individual physicians by more than half, representing a way to evaluate productivity more fairly.

A second specialty clinic study²¹ used 2018–2020 data from 32 VHA cardiology and orthopedics clinics representing 654 providers to compare productivity calculations using FTE as the measure of

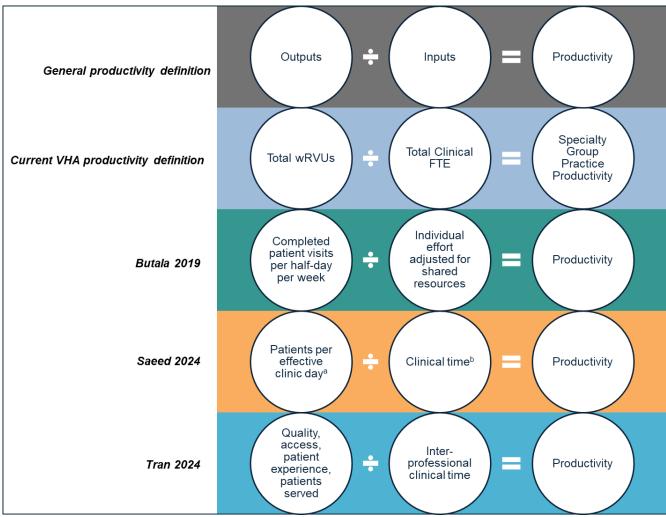
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work input to a new measure called "clinical time," defined as "the amount of time between the start of the first appointment of the day and the estimated end time of the last appointment of the day for each provider." This value in minutes was then divided by 8 hours to calculate clinical time in days, or "effective clinical time." The authors' reasoning for devising this new "clinical time" measure was based on the observation that FTE information is typically self-reported and lacks a consensus definition. While some health systems or clinics may define clinical FTE as a proportion of a 40-hour work week, others may use a different standard or incorporate nonbillable clinical time. Moreover, self-reported FTE information is typically updated infrequently, while "clinic time" can be updated closer to real time using administrative data. The study used patient visits per "effective clinic day" as the work output measure and found that this measure provided a more accurate prediction of clinic access than patients per day per FTE.

A third observational study based on FY19 VHA data from 703 community-based outpatient (primary care) clinics developed a novel metric with the aim of linking investments in team-based primary care to multiple value-based primary care products. In this model, productivity inputs consisted of interprofessional clinical time calculated according to the sum of FTE for all members of the patient care team. Productivity outputs consisted of: 1) *clinical quality* based data from the Healthcare Effectiveness Data and Information Set; 2) *access* using a validated composite measure using VA's Survey of Healthcare Experience of Patients (SHEP); 3) *patient experience* based on SHEP data; and 4) *number of patients served* by each clinic based on VHA administrative data adjusted for patients aged 70 or older and the percent expected to have higher-than-average costs. Inputs and outputs were used to calculate a technical efficiency score reflecting the degree to which clinics maximized outputs given their available inputs. Authors propose that these efficiency scores could be used to meaningfully guide productivity improvements that align with value (not volume)-based outcomes important to patients and physicians.

An overview of how these 3 observational studies defined measures of work input and output compared to VHA's current productivity definition is presented in Figure 1.





Notes. ^a Defined as "clinical time" in days; ^b Defined as "the amount of time between the start of the first appointment of the day and the estimated end time of the last appointment of the day for each provider."

DISCUSSION

The purpose of this scoping review was to describe the size, range, and characteristics of available evidence on measures of specialty medicine physician productivity. We found that the existing literature base on this topic is small with a limited range. Studies included cardiology clinics but lack data from other medicine specialties.

The 3 observational studies we identified all aimed to improve upon wRVU-based productivity measures but differed in their approach. Two studies^{20,21} of cardiology clinics evaluated ways to modify measures for work input (the denominator in the "output/input = productivity" equation) while continuing to use a volume-based measure (patient visits) for work output. One study adjusted their work input measure to account for shared practice resources, while the other used an alternative measure for clinical time instead of FTE. Both studies found that modifying their measures for work input resulted in a more accurate and fair calculation for individual physician productivity.

The most robust new model of physician productivity reconceptualized what information should be used to calculate both work outputs and work inputs.²² Strengths of this model, which was based on VHA data and informed by an evidence review and stakeholder panel input,²³ are that it incorporates patient-important outcomes such as quality, access, and experience and removes volume-based measures from the productivity equation. In this way, the model offers a distinctly different method to measure productivity that would seem to be a better fit with the overall VHA approach to care, which prioritizes patient-centeredness, quality, access, and cost containment. While designed for primary care clinics, this model could be modified for specialty medicine clinics and other types of outpatient practice settings.

The varied aims and approaches of the 3 studies included in this review illustrate how productivity measures can serve multiple different purposes depending on why they are being used and the problem they are trying to solve. For example, Butala et al²⁰ used their analysis of productivity adjusted for shared resources to create standard expectations for nurse practitioner to physician ratios and use of clinic rooms. Saeed et al²¹ found that their revised definition of clinical time was a better predictor of wait times than measures based on FTE and could be used to evaluate clinic access. Tran et al²² suggested that their productivity model would better account for the interprofessional teamwork hours that generate clinic outputs, and therefore fit better with the primary care "value proposition" than wRVU or volume-based metrics. As VHA continues to evolve its productivity standards, decision-makers may consider using the example of these studies to directly link efforts to increase physician productivity to the specific VHA problem trying to be solved.

LIMITATIONS

Available evidence regarding specialty medicine physician productivity measures has several limitations. First, the overall size of the literature base is small and of limited range. Data from cardiology practices are included, but other medicine subspecialties are not. While study findings may be applicable to general outpatient practice, some medicine subspecialty practice settings may have unique factors to consider when designing appropriate measures for their work output and input. Second, despite widespread concern that wRVU-based productivity metrics do not capture clinical work outside of patient encounters and therefore do not capture the scope of physician work output, no study directly proposed a measure or model to overcome this problem. Researchers with OPES have used VHA primary care data to develop proxy measures for unobserved workload and create a primary

care case-mix algorithm,¹⁵ but the issue of underestimating actual workload in current VHA productivity calculations remains. Third, while we expected to find relevant studies conducted in non-US settings with applicability to VHA such as the United Kingdom, we did not. Given the small number of US studies that we identified, it is possible that no relevant studies have been conducted in countries with comparable integrated health care systems. If so, this finding highlights another evidence gap.

Limitations of this review include the subjective nature by which we operationalized definitions for *productivity* and other relevant terms such as efficiency. These terms lack standard definitions and are sometimes used interchangeably. We opted to include studies based on whether their aim to was to update some aspect of the "output/input = productivity" equation. We made this decision so that study findings could be compared to the VHA's current productivity definition, which is a version of the "output/input = productivity" equation. Other reviewers may have used a different approach, which could have resulted in different decisions regarding eligible studies.

FUTURE RESEARCH

VHA is unique among US health care systems in terms of its mission, funding, and accountability to Congress and American taxpayers. An argument could be made that VHA's unique status requires a unique approach to evaluating physician productivity, as well as the other metrics driving health care management decisions. Certain aspects of VHA care make overreliance on wRVU-based metrics particularly problematic. For example, increasing use of community care (health care paid for by VHA but delivered by non-VHA providers in the community) has required VHA physicians to spend more time on care coordination activities,²⁴ but this work usually takes place outside of patient encounters and is therefore not counted as productive according to the VHA's current definition.

In the short term, a risk of using a flawed measure (wRVUs) to assess physician work output is misjudging staffing needs and not providing VHA facilities with the resources that they need to meet patient demand. In the long term, continued reliance on wRVUs as a foundational aspect of US health care including VHA care presents threats to cost containment, as procedures and other services that generate more wRVUs are typically also more expensive to provide.²⁵ Similarly, sustaining a balanced physician workforce will become increasingly more difficult as fewer physicians will elect to enter specialties that are undervalued and lower paid yet still essential for patient care.²⁶

As a learning health care system that is not dependent on wRVUs for payment, VHA is ideally positioned to develop and test innovative models to measure physician productivity that are aligned with the goal of delivering high-value patient-centered care. Although few in number, existing studies have demonstrated that productivity measures can be reimagined. Moreover, 2 of the 3 studies we identified were conducted within VHA, suggesting that VHA already has the data and expertise to advance this field.

Specific ways that VHA could improve upon current measures of physician productivity include:

• Adapting the model developed by Tran et al²², which uses a holistic approach to measure cliniclevel productivity, to evaluate specialty clinic settings. Using this kind of model to measure productivity would be more consistent with VHA's approach to care than a simple work output/input equation and could be used to improve clinic efficiency (how well clinics maximize outputs based on available inputs in terms of time and effort).

- Creating and testing a new measure set for asynchronous clinical work, perhaps one in which various work tasks completed outside of patient encounters are categorized and ranked according to cognitive effort and time requirements, and then applying this new measure set to physician productivity calculations.
- Ensuring that new models or measures developed for physician and clinic-level productivity calculations are based on available, accessible, and timely data and are therefore feasible to implement in practice.

CONCLUSIONS

We found that available evidence on specialty medicine physician productivity measures is limited. Two observational studies proposed modifications to work input measures but still used volume-based measures for work output. A third observational study described a promising new model developed using VHA primary care data that ties clinic-level productivity to patient outcomes. Important evidence gaps exist, including how to measure clinical work that is completed outside of patient encounters. As a learning health care system, VHA is uniquely positioned to implement and study alternatives to volume-based productivity metrics that align with the value-based outcomes that are important to patients, physicians, and society at large.

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- 17. Department of Veterans Affairs. Memorandum: READY-SET-GO Campaign for Updated Productivity Targets. 2025.
- 18. Department of Veterans Affairs. Meet the OPES Team. Accessed April 10, 2025. https://dvagov.sharepoint.com/sites/VHAOPES/SitePages/Meet-the-team.aspx
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Evidence Synthesis Program

SEARCH STRATEGIES

MEDLINE (OVID)

| # | Search Statement | |
|---|--|----------|
| 1 | 1 ((clinician* or doctor* or physician* or practitioner* or provider*) adj3 (effort* or productivit* or workload* or bookability or (bookable adj1 (hour* or time)) or clinical encounter* or ((labor or labour or time) adj3 (map or mapping* or maps)) or (valu* adj2 work*))).ti,ab,kf. | |
| 2 | exp Models, Economic/ or Models, Statistical/ or Models, Theoretical/ or (benchmark* or evaluat* or model* or measur* or metric*).ti,ab,kf. | |
| 3 | Relative Value Scale/ or ((relative value adj1 (scale* or schedule* or unit*)) or rvu or rvus or wrvu or wrvus).ti,ab,kf. | |
| 4 | 2 or 3 | 11093335 |
| 5 | 1 and 4 | 3003 |
| | Total | 3003 |
| | Total after deduplication | 6300 |

Search date: 12/10/2024

COCHRANE (WILEY)

| # | Search Statement | Results |
|----|---|---------|
| 1 | ((clinician* or doctor* or physician* or practitioner* or provider*) NEAR/3 (effort* or productivit* or workload* or bookability or (bookable NEAR/1 (hour* or time)) or "clinical encounter" or "clinical encounters" or ((labor or labour or time) NEAR/3 (map or mapping* or maps)) or (valu* NEAR/2 work*))):ti,ab | 438 |
| 2 | MeSH descriptor: [Models, Economic] explode all trees | 690 |
| 3 | MeSH descriptor: [Models, Statistical] this term only | 2310 |
| 4 | MeSH descriptor: [Models, Theoretical] this term only | 1152 |
| 5 | (benchmark* or evaluat* or model* or measur* or metric*):ti,ab | 1099713 |
| 6 | {or #2-#5} | 1100372 |
| 7 | MeSH descriptor: [Relative Value Scales] this term only | 11 |
| 8 | ((relative value NEAR/1 (scale* or schedule* or unit*)) or rvu or rvus or wrvu or wrvus):ti,ab | 55 |
| 9 | #7 or #8 | 59 |
| 10 | #6 or #8 | 1100387 |
| 11 | #1 and #11 | 308 |
| | Total | 308 |
| | Total after deduplication | 6300 |

Search date: 12/10/2024

SCOPUS (ELSEVIER)

| # | Search Statement | Results |
|---|--|----------|
| 1 | TITLE-ABS-KEY((clinician* or doctor* or physician* or practitioner* or provider*) adj3 (effort* or productivit* or workload* or bookability or (bookable adj1 (hour* or time)) or clinical encounter* or ((labor or labour or time) adj3 (map or mapping* or maps)) or (valu* adj2 work*))) | 12806 |
| 2 | TITLE-ABS-KEY(benchmark* or evaluat* or model* or measur* or metric*) | 34280209 |
| 3 | TITLE-ABS-KEY(("relative value" adj1 (scale* or schedule* or unit*)) or rvu or rvus or wrvu or wrvus) | 3293 |
| 4 | 2 or 3 | 34281991 |
| 5 | 1 and 4 | 5909 |
| | Total | 5909 |
| | Total after deduplication | 6300 |

Search date: 12/10/2024

STUDIES EXCLUDED DURING FULL-TEXT SCREENING

| Citation | Exclude Reason |
|---|--------------------------|
| How is physician productivity measured? Managed Care Interface. 2002;15(9):62-63. | Wrong publication type |
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| Abecassis M, Pearson T. Fee-for-value and wRVU-based physician productivity-an emerging paradox. American journal of transplantation : official journal of the American Society of Transplantation and the American Society of Transplant Surgeons. 2015;15(3):579-80. doi:https://dx.doi.org/10.1111/ajt.13112 | Wrong publication type |
| Adida E, Dai T. Impact of Physician Payment Scheme on Diagnostic Effort and Testing. Manage Sci. 2024;70(8):5408-5425. doi:10.1287/mnsc.2023.4937 | Wrong outcomes |
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| Bansal VV, Witmer HDD, Childers CP, Su DG, Turaga KK. When Benchmarks Fail Us: A Case Study in Cytoreductive Surgery. Annals of surgical oncology. 2024;(b9r, 9420840)doi:https://dx.doi.org/10.1245/s10434- 024-16191-y | Wrong outcomes |
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|--|--------------------------|
| Becker ER, Hall K. Physician services in an academic neurology department: using the resource-based relative-value scale to examine physician activities. Journal of health care finance. 2001;27(4):79-91. | Wrong outcomes |
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| Evans lii JH, Kim K, Nagarajan NJ, Patro S. Nonfinancial performance measures and physician compensation. J Manage Account Res. 2010;22(1):31-56. doi:10.2308/jmar.2010.22.1.31 | Wrong publication type |
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| Filler G, Burkoski V, Tithecott G. Measuring physicians' productivity: a three- year study to evaluate a new remuneration system. Academic medicine : journal of the Association of American Medical Colleges. 2014;89(1):144-52. doi:https://dx.doi.org/10.1097/ACM.00000000000058 | Wrong patient population |
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| Hayon S, Deal A, Tan H-J, et al. Is the relative value of surgeon effort equal across surgical specialties? Surgery. 2020;168(3):365-370. doi:https://dx.doi.org/10.1016/j.surg.2020.04.018 | Wrong patient population |
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| Hill RG, Jr., Sears LM, Melanson SW. 4000 clicks: a productivity analysis of electronic medical records in a community hospital ED. The American journal of emergency medicine. 2013;31(11):1591-4. doi:https://dx.doi.org/10.1016/j.ajem.2013.06.028 | Wrong intervention |
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| Innes GD, Stenstrom R, Grafstein E, Christenson JM. Prospective time study derivation of emergency physician workload predictors. CJEM. 2005;7(5):299-308. doi:https://dx.doi.org/10.1017/s1481803500014482 | Wrong patient population |
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| Johannessen KA, Kittelsen SAC, Hagen TP. Assessing physician productivity following Norwegian hospital reform: A panel and data envelopment analysis. Social science & medicine (1982). 2017;175(ut9, 8303205):117-126. doi:https://dx.doi.org/10.1016/j.socscimed.2017.01.008 | Wrong outcomes |
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| Joseph JW, Davis S, Wilker EH, et al. Modelling attending physician productivity in the emergency department: a multicentre study. Emergency medicine journal : EMJ. 2018;35(5):317-322. doi:https://dx.doi.org/10.1136/emermed-2017-207194 | Wrong intervention |
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PEER REVIEW COMMENTS AND RESPONSES

Are the objectives, scope, and methods for this review clearly described?

| Comment # | Reviewer # | Comment | Author Response |
|-----------|------------|---------|-----------------|
| 1 | 1 | Yes | None |
| 2 | 2 | Yes | None |
| 3 | 3 | Yes | None |
| 4 | 4 | Yes | None |
| 5 | 5 | Yes | None |

Is there any indication of bias in our synthesis of the evidence?

| Comment # | Reviewer # | Cor | ment Author Response |
|-----------|------------|-----|----------------------|
| 6 | 1 | No | None |
| 7 | 2 | No | None |
| 8 | 3 | No | None |
| 9 | 4 | No | None |
| 10 | 5 | No | None |

Are there any published or unpublished studies that we may have overlooked?

| Comment # | Reviewer # | Comment | Author Response |
|-----------|------------|--|--|
| 11 | 1 | Yes - The article below tests the Saeed productivity measure in a wider variety of VA specialties. | Thank you for bringing this unpublished (preprint) study to our attention. We appreciate that the measure used to calculate work outputs in this study is the same as in |
| | | Yee, Christine and Palani, Sivagaminathan and Barr, Kyle and Pizer, Steven D., Provider Supply and Access to Specialty Care. Available at SSRN: https://ssrn.com/abstract=4291717 or http://dx.doi.org/10.2139/ssrn.4291717 | Saeed 2024 (included in this review). We identified a related published study by the same authors (<u>https://doi.org/10.1002/hec.4482</u>) in our literature search. However, the aim of these studies (to estimate the effect of clinician supply on new patient wait times) is outside of the scope of this review and therefore neither study is included. |
| 12 | 2 | No | None |

| Comment # | Reviewer # | | Comment | Author Response |
|-----------|------------|----|---------|-----------------|
| 13 | 3 | No | | None |
| 14 | 4 | No | | None |
| 15 | 5 | No | | None |

Additional suggestions or comments can be provided below.

| Comment # | Reviewer # | Comment | Author Response |
|-----------|------------|--|--|
| 16 | 1 | This is an excellent summary of the current literature and thinking on productivity measures for potential use in public delivery systems like the VA. One issue that the authors should consider is the practicality of measurements for management purposes. Some of the measures reviewed can be constructed entirely from administrative data, which implies that they can be calculated at a high frequency and granularity, allowing specific clinics to be tracked at high frequency (like by pay period). Other measures rely on survey data, which is collected much less frequently (like annually) and with much smaller samples. These data limitations make them difficult or impossible to operationalize for management purposes. | Thank you. We added text to the Future Research section to highlight the importance of ensuring that measures used to develop productivity calculations are available, accessible, and timely so that they are feasible to adopt in practice. |
| 17 | 1 | Page vi, line 8: "priorities" should be "prioritizes" | Revised |
| 18 | 1 | Page 4, lines 53-55: This sentence should be rephrased. As is, it suggests that procedural services are historically undervalued compared to cognitive services, which is backwards. | Thank you for identifying this error. We revised the text for clarity. |
| 19 | 1 | Page 5, line 20: "although does" should be "although it does" | Revised |
| 20 | 1 | Page 12, line 28: "priorities" again | Revised |
| 21 | 1 | Page 12, line 38: "that" should be "than" | Revised |
| 22 | 2 | I would recommend expansion of your definition of productivity. Figure 1 could be updated to show the flow of inputs to the outputs. I find the "output/input" concept to be too reductive. The idea of productivity is how organizations use inputs to make outputs. An organization is producing efficiently when it maximizes its production of outputs with its currently available inputs and knowledge. | Thank you for this comment. We aligned our approach to this review with the VHA's current definition of productivity, which is based on an output/input equation. We agree that a productivity model that incorporates measures of efficiency would be more holistic, and arguably more appropriate. We added text to highlight this point in the Future Research section. |

| Comment # | Reviewer # | Comment | Author Response |
|-----------|------------|---|---|
| 23 | 4 | Looks like we are limited in recommendations. We could suggest alternatives that don't exist yet. For example While the use of clinic time offers improvements over traditional FTE measures by providing a more standardized view of labor input, it still may not fully capture the broad range of clinical activities performed by modern physicians. An alternative approach could be to adopt a Weighted Clinical Engagement Unit (WCEU) system, where a variety of physician tasks—such as in-person visits, telehealth encounters, e-consultations, care coordination activities, and teaching responsibilities—are assigned standardized unit values based on cognitive effort, patient impact, and time requirements. This method would allow healthcare systems to measure physician productivity more holistically, fairly recognizing contributions beyond face- to-face clinic encounters. Implementing WCEUs would require careful calibration and reliable activity tracking but could better align productivity assessments with the evolving nature of clinical practice, interdisciplinary care, and patient-centered outcomes. | Thank you for this comment. We added to the Future Research section by suggesting a role for new measure development, including measures aligned with specific physician tasks as you suggest. |
| 24 | 5 | Page i: Abbreviations list incomplete: AMA, MGMA, RBRVU, RUC, OPES, GEE, DEA, OLS, SHEP, VA are missing. | Revised |
| 25 | 5 | Page 5, Line 9 and page 13 Line 47: You cannot conclude organizational "interest" BUT could say "data and expertise". | Revised |
| 26 | 5 | Page v Line 48 and page 6 Line 52: suggest you add start date not just end date (Dec 2024). | We have added "from inception" to clarify the search start dates. |
| 27 | 5 | Page. vi, Line 8 "Priorities" should be "prioritizes" | Revised |