







































# Costs of the Blister Packaging Intervention

Units and Unit Costs (2016 US \$) per Dispensed Prescription*		
	Unit Cost (\$, 2016)	Source
<b>Blister Packaging, per prescription</b>		
Filling blister card, Labor only (per 31 count card)	1.05 X bulk dispensing cost	Expert opinion
Memory Pac® 31 Count Blister Card	\$0.46	VA RCT purchasing records, 2012
Memory Pac® 28 Count Weekly Blister Card	\$0.48	VA RCT purchasing records, 2012
Memory Pac® 90 Count Blister Card	\$0.52	VA RCT purchasing records, 2012
<b>Bulk Dispensing, per prescription</b>		
Dispensing, Labor only (per 30 day fill)	7.92	Decision Support System
Bottle & cap (Friendly and Safe Vial with Child Resistant Cap Attached, 16 Dram)	\$0.02	<a href="http://www.gohcl.com/">http://www.gohcl.com/</a> accessed 1.5.17



# Total VA Costs

- Total healthcare costs for 12-month trial period
- Estimated using the Decision Support System (DSS) and included cost of medication (ingredients and dispensing), inpatient and outpatient costs.
- The intervention included every medication regardless of indication, therefore all healthcare utilization and cost was included.



# Total VA Healthcare Cost

- Mean costs/subject ranged from \$157 (DAU) to \$181,412 (intervention)
- We found no statistically significant differences by study arm.

Mean Cost of VA Health Services During 12-months of Follow-up (\$ 2016)		
	Blister Pack, mean (SD) (n=119)	DAU, mean (SD) (n=123)
<b>Total Inpatient</b>	<b>5,946 (17,324)</b>	<b>6,738 (17,337)</b>
<b>Total Outpatient</b>	<b>21,173 (16,651)</b>	<b>22,402 (20,921)</b>
Behavioral Health	9,710 (9,205)	11,194 (12,163)
Emergency Department	524 (760)	602 (1,068)
<b>Total Pharmacy</b>		
Ingredient Cost	1,473 (1,703)	1,592 (2,390)
Dispensing Cost (labor, packaging)	275 (202)	316 (249)



# Modeling Total VA Healthcare Cost

- Trial arms had significantly different baseline numbers of prescription medications.
- Generalized linear model (GLM) with gamma family (Modified Parks Test) and log link function:
  - Blister packaging was not significant.
  - Significant explanatory factors: older AND male, total inpatient days 12 months prior to enrollment, and drug abuse or bipolar disorder or major affective disorder dx.



# Mortality and Quality of Life

- All subjects survived the study period
- 2,242 SF-36 forms were completed by the 243 participants
- Summary preference scores (utilities) for each completed survey ranged from 0.30 to 1.0
- QALYs for the 12-month trial period did not vary by study arm.

Mean Utilities Derived from SF-6D and Associated Mean QALYs*		
	Blister Pack, mean (SD)	DAU Mean (SD)
<b>SF-6D Utilities</b>		
Baseline	0.575 (0.112)	0.573 (0.093)
Month 3	0.590 (0.107)	0.590 (0.103)
Month 6	0.598 (0.109)	0.577 (0.099)
Month 9	0.597 (0.094)	0.590 (0.084)
Month 12	0.597 (0.051)	0.586 (0.036)
Mean QALY	0.591 (0.120)	0.580 (0.108)
Mean differential QALY (95% CI)	0.011 (-0.008 – 0.031)	



# Incremental Cost-Utility Ratio (ICER)

- ICER was calculated as follows:

$$\frac{\text{Mean Cost}_A - \text{Mean Cost}_B}{\text{Mean QALYs}_A - \text{Mean QALYs}_B}$$

Where A is the intervention (blister pack) group and B is the control (dispense as usual) group.

- Bootstrapping was used to create an acceptability curve to illustrate the probability that the ICER falls below the cost per QALY threshold.



# Cost-Utility Analysis

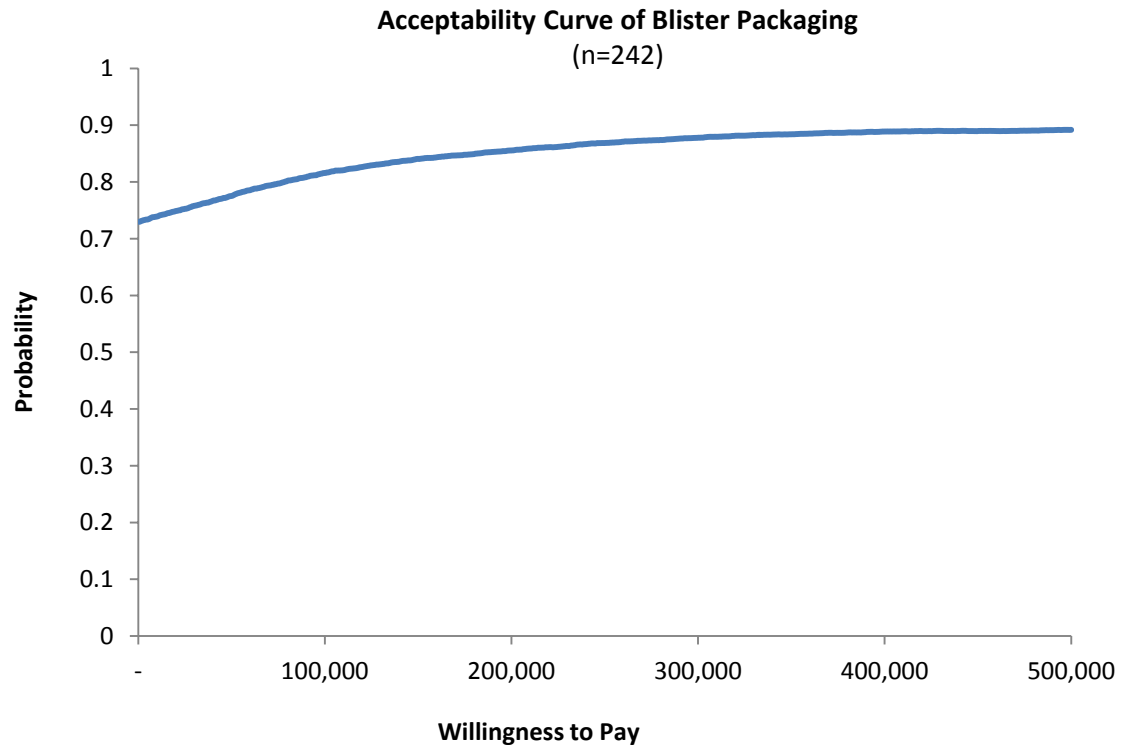
Costs, Outcomes and the Incremental Cost-Utility Ratio						
Group	Mean Total Cost (\$ 2016)	Cumulative QALY, mean	ICER	P(CE) at \$50,000 (WTP)	P(CE) at \$300,000 (WTP)	Ceiling Ratio at P(CE)=0.95
Blister Pack (n=119)	28,591	0.59		0.775	0.878	NA
DAU (n=123)	30,732	0.58				
Difference (% CI)	-2,140 (-9,053 – 4,773)	0.04 (-0.01 – 0.03)	Blister Dominant (not stat sig)			

- Cost and QALY point estimates suggest that blister packaging was dominant (less expensive and more effective), however, differences were not statistically significant.
- As previously noted, costs and QALYs were not significantly different across study arms.



# Probabilistic Sensitivity Analysis

- At both low and high thresholds of willingness to pay (\$50,000/QALY and \$300,000/QALY), blister pack and DAU demonstrate similar treatment value .





















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